



news & updates

January 2022 | Winter Issue



Upcoming Events

- *January 20, 2022 St Jude 50th Celebration Virtual
- *March 19, 2022 VSC Spring Mtg, Hilton Roanoke
- *April 1, 2022 VSC 2nd Half Dues deadline
- *April 10, 2022 Lamplighter Deadline
- *May 1, 2022 IC Dues deadline
- *May 20-22, 2022 VSC Convention Roanoke
- *July 27-31 IC Convention Indianapolis, TN
- *November 4-5, 2022 SERC Convention Orlando

Important Websites

- ESA-Virginia.com
- Epsilonsigmaalpha.org
- Epsilonsigmaalpha.org/about/ESAFoundation



Winter Solstice

The winter solstice, also called the hibernal solstice, occurs when either of Earth's poles reaches its maximum tilt away from the Sun. This happens twice yearly, once in each hemisphere. For that hemisphere, the winter solstice is the day with the shortest period of daylight and longest night of the year, when the Sun is at its lowest daily maximum elevation in the sky. Either pole experiences continuous darkness or twilight around its winter solstice.

Believe it or not, we are working our way towards Spring! Stay warm and safe, and keep following the sun.

A Message from our President - Mindy Boyd



Hope everyone is gearing up Spring and our ability (hopefully) to gather together for our Spring State meeting on Saturday March 19th at 9am. Executive Board meeting will be Friday evening at 5:30-6:00pm. Reservations for rooms is 540-776-3400. I have a suite reserved for our meeting. Will also try to coordinate a dinner for any coming in on Friday night. (more later) I hope all of you had a blessed and fun Holiday Season. Attached is a picture of presents that my chapter and Alpha Delta provided for an ASK family.



Also, a picture of my grandson who had a special visit from Mr. and Mrs. Santa Claus, my husband, John has a friend in our neighborhood who dressed up like Santa to surprise his 18mo old granddaughter and just so happened stopped at my son's house to surprise Alex. Well Alex answered the front door and froze with mouth wide open! After Santa left their house Alex asked his mom why, did Santa come to our house and Heather told him to check and see if he really has been a good boy! Amazing how they truly believe, and he was proud that he had been good although he said he's bad sometimes.



Some of you have experienced the COVID virus and I hope are recovering and resting. I feel we're going to continue to live with limitations this year, but I know us ESA'ers will prevail! Please wear a mask and wash your hands frequently!!
Kindled Spirits; Mindy

A Message from our 1st Vice President - Beverley Wright

PLEASE SAY 'YES'!

Today is a recap of positions which remain available. For the Virginia State Council to remain viable as we move forward, we need an elected and appointed board willing to

contribute a small part of their time and talent. No one person or small group of people can make this happen. I promise to do my part to the best of my abilities to communicate throughout the year and make the 3 meetings productive and fun. What will you do?

VSC 2nd Vice President
VSC Parliamentarian

Association of the Arts
Audit Committee (2 people)
Audio/Visual Sr. Technician(s)
Awards Director
Chaplain
Credentials Committee (2-3 people)
Historian
Hope for Heroes
Philanthropic Director
Scrapbook Keeper(s)
SERC Director
State Projects Director

For those of you who volunteered to do ANYTHING I wanted, now is your time to choose.

Thank you all in advance for your thoughtful consideration. Please stay safe and warm today! We had 9" of additional snow yesterday and the temps are in the high 20s/low 30s today with 40 MPH winds - its a beautiful day in the neighborhood!!!!



Beverley M Wright
bmwright@comcast.net
540-448-3373

A Message from our 2nd Vice President - Priscilla Browning

I hope you all enjoyed your Christmas and New Year's Festivities as I did. If you were successful in adding members to your chapter during Recruitment Month in October congratulations and thank you for your hard work, but if you were not that's okay you still have a great opportunity to maybe host a formal tea or another function during a Founders Day celebration in April.

Our wonderful organization started out with Traditional chapters in 1929 but has evolved into many opportunities to become involved; in 1988 the first collegiate chapter was established in Indiana at Ball State University and has provided for the establishment of

many other collegiate chapters; there are opportunities to establish Community Chapters where two strangers can come together and become lifelong friends. ESA gives us all the opportunities to "Become Our Best Selves," with leadership opportunities and provide for skills that can help us improve.

I would like to let you all know I attended SERC in Nashville this year and visited with a friend that lives in Crossville, TN. I won the drawing for the St. Jude Quilt, and I knew right away what I was going to do with the quilt. I am a member of St. James the Greater Catholic Church in Charles Town, WV, the church has many ministries, and one is the Gabriel Project that assists those women who choose to give birth by providing them with diapers, wipes, etc. I donated the quilt to one of the volunteers and the other day she told me that a 3-year-old little boy who is being cared for by his grandmother was able to have a quilt for his bed as he did not have one.

I hope to see you all at our Spring Meeting so we can share more successes.

A Message from our Recording Secretary -

Election of Officers

According to VSC bylaws: Article VI, Section 10: Other vacancies may be filled for the unexpired term by the Executive Board. An appointee to a vacated office must conform to the provisions of Article V.

With that being said the Executive Board has voted to accept the volunteer step up to Recording Secretary for the remainder of the 21-22 year, to Theresa Morris, who by Article V meets the qualifications of Article V.

Thank you! Theresa and welcome to my board.

Mindy Boyd, VSC President

A Message from our Jr Past President - Brenda Bowersox

Jr. Past President – Disaster Fund Chair

At the Fall meeting my report centered around Disaster Fund donations from individuals. Instead of passing the hat at the meeting I asked that each of you donate at least \$10 during the year as well as your chapter's donation. I received checks and cash at the meeting as well as after from individuals and a couple chapters.

My first report to the IC Disaster Fund showed your donations as \$860.00. Thank you so much. Of course, everyone was not at the meeting so you may just be learning of this request.

If you want to save a stamp, I will continue to collect chapter and individual donations at the March VSC meeting. If you can't be in attendance, please mail to me at: 196 Mine Branch Road, Crimora, VA 24431. Note: make your checks out to **ESA Disaster Fund**.

Hope to see you at the March meeting.

Association of the Arts

Association of the Arts Chair - Brenda Bowersox

Have you been working on any projects this winter? You are going to enter them in the Association of the Arts, right? We were not able to give any certificates at last years' convention because there were only two entries. I know how talented you all are so I really wish you would share yourself with the group.

Have you ever been to a paint and pour? Then you created an original. Let's see it. I know some of you are quilters and others love to take photos. We all have a creative side, so let it out. Make/paint/sew/shoot/write, and then share with the rest of us. There is still plenty of time to create something to enter.

See you soon.

ESA for St Jude

ESA for St. Jude Coordinator—Susan Caldwell

Cheers to the following Chapters for their contributions to St. Jude—Alpha Chi, Delta Kappa, and Gamma Pi. Check out LouAnn Wyer's progress on her Face Book page for her St. Jude 200 Miles Cycle Challenge. She is working hard!

Dream Home Campaigns are close to beginning. Yay!

As a reminder, Chapter Philanthropic Directors should copy the ESA for St. Jude Coordinator—Me- on your Philanthropic Report Emails. I'll be better able to keep up on all of the work that the chapters are doing for St. Jude.



AMAZON SMILE

· This is the quarterly notification to inform you that AmazonSmile has made a charitable donation to the charity you've selected, St. Jude Children's Research Hospital, in the amount of \$742,653.66 as a result of qualifying purchases made by you and other customers who have selected this charity.

Thanks to customers shopping at smile.amazon.com, or with AmazonSmile ON in the Amazon Shopping app, everyday purchases have generated over **\$346 million** in donations to charities worldwide so far.

AmazonSmile's impact:

- \$13,378,531.85 to St. Jude Children's Research Hospital*
- \$306 million to US charities
- Over \$346 million to charities worldwide

To track donations or change your charity, simply visit [Your AmazonSmile Impact](#) page.

REMINDERS

50th Anniversary ESA and St. Jude Kickoff Event

ESA members are getting really excited about the 50th celebration of ESA and St. Jude working together. Please sign up to attend the virtual ESA and St. Jude 50th Anniversary Kickoff event on January 20th at 5:30pm MST, 4:30pm PST, 6:30pm CST, or **7:30pm EST**. You don't want to miss this exclusive ESA for St. Jude event as we honor our great history together and announce the fun celebrations to look out for throughout the year. Chapters can set up a Chapter Watch Party or individuals can view by themselves. Non-members can attend this event as well - the more the merrier! Make it a social event and/or a recruitment event and share your passion for St. Jude with all your friends and family. To register go to epsilonsigmaalpha.org/register
Further details will be provided after registration.

St. Jude Volunteer

Have you signed up to be a St. Jude Volunteer? (The process has changed)

- Go to stjude.org
- Click on Ways to Give
- Click on Volunteer Locally
- Fill out Registration Form—Choose ESA

or

- Contact the Regional Office to become a St. Jude Volunteer
 - o 757-6871200
 - o 888-499-6090
 - o Email Region-VirginiaBeach@stjude.org

ESA Foundation

ESA Foundation

Ladies, The following scholarships have received no applications to date. Please help VIRGINIA. The website to apply for scholarships is: www.epsilonsigmaalpha.org February 1, 2022 at 11pm MST.

Allen / Files Endowment

BMW Hope Endowment

Joseph C Eaheart Jr Memorial Endowment

Linda Moore Memorial Endowment

Marjorie Rushford Memorial Endowment
Barbara Wilsterman Memorial Endowment
Danzo & Elsie Shiramizu Memorial Endowment
Joan G & Dean E Monson Memorial Endowment
LaVerne 'Bun' Young Memorial Endowment
Martha & Jim Beshears Endowment
Rodger & Rhea Weaver Catastrophic Disease Survivor Endowment
St. Jude Children's Research Hospital Cancer Survivor Endowment
Winger Leyes Endowment

Lamplighter

Lamplighter Editor - Theresa Morris

Thank you to those submitting articles to this issue of the Lamplighter. Thank you also for those submitting a note in tribute to Evenleen. It is always such a shock when something like this happens. I am beyond thankful to know each Sister, here in Virginia, will always be available, if I should ever need help.

Leadership Follow UP

Leadership Follow Up - Carol Campbell

Follow-up to Leadership 2021—"**Celebrating The Ties That Bind**" at SML. I was excited to see so many members and spouses in attendance. My goal was 35 and at the Fall Council meeting on Sunday, my goal was achieved. I had many positive remarks about the entire weekend and I thank you for the notes and cards.

A big shout out to Bev Scott and her counselor, Gail, for their segment on "Thriving During Difficult Times!" It was great seeing the relationship they had built and the work they had completed over the years. It was quite personal and revealing. It was a good reminder how so often we swift grief and moving forward "under the rug". It is never too late to have professional help with death, divorce and non-functioning families.

I really enjoyed the video of the young local author reviewing her book. This included some characters I knew related to Amy Dyer's family and some of the Franklin County area and traditions. Check out her book "Moonshine Rendezvous".

The trip to D-DAY Memorial was truly a big hit and I am so glad everyone had the opportunity to learn about true leadership of those who served and sacrificed from the small town of Bedford and the U S.

Lastly a reminder of a request from a local shelter—The Rescue Mission in Roanoke. Recently an artist received a new position at the shelter and it does not come with funds. So when I told you about Beverley Schidler and how we could help donate some supplies, I ask you to consider bringing some supplies to Roanoke at the Spring Council in March and the VSC Convention in May. The following is from the article posted

on her website. "Recently Beverly Schidler started an art job there with no budget. Her program is to help some of the homeless families and people in the alcohol and drug abuse program build confidence and improve their self-image as they move forward with their lives." She had a short video and noted some of the art her clients have made from salvage items are in the background. We could not connect at SML but I think many of you can help with her outreach program. How you ask? **She can use anything that you want to discard. The Following items could be helpful: material, old buttons, trinkets, old watches, art supplies of any type. When you come to spring VSC meeting in Roanoke—pack up some boxes of things you no longer need. For more information about the Rescue Mission and their programs—check their website.**

Lucky Numbers

Lucky Number Chairman - P-Nut Schools & Tammy James

Hello Kindred Spirits. SPRING SPRING SPRING,

March 13 – Time to "Spring Forward (DST begins)

March 20 – First Day of Spring begins.

So Sisters, "Think Spring" and donate an appropriate Item for the Lucky Numbers drawing at the VSC meeting on March 19th in Roanoke.

Envelopes are \$